

Pamper session – <i>enjoy a manicure and watch a demonstration</i>	
Flower arranging – <i>come along and make a table decoration, everything will be provided. [Limited places]</i>	
Enjoy a game of snooker, a game of indoor bowls or similar	
Build a bird box - <i>an opportunity for both ladies and gentlemen to build a Wooden Bird Nesting Box. All pieces pre-cut and only need hammering together. Full instruction and every assistance given. [Limited places]</i>	

I enclose my booking form and full payment

☐

Name

Address

How did you hear about this event?

Office use only:

Date form returned		Received by:	
Was full amount included?			
Date the place has been confirmed			
Date the refund was refunded (if applicable)			
Have the activity places been allocated?	Tues	Weds	Thurs



## Summertime fun

Do something different for a week!

# BOOKING FORM

**PLEASE NOTE THERE ARE ONLY 50 PLACES AVAILABLE**

21-23 June based at Romford Baptist Church

24 June enjoy a day out

26 June celebrate the week with a Songs of Praise event followed by a cream tea.

*The enduring faithfulness of God*

**How much will it cost?**

If you wish to attend all 4 days including the trip and the Songs of Praise on the Sunday the total cost will be £15. **Please note that on the Friday you will also need to pay for your own meal but we will cover transport costs.**

If you choose to attend the events based in the church on Tuesday, Wednesday, Thursday and Sunday the total cost will be £12.

If you want to just attend on one or two days it will cost you £4.50 per time. \_\_\_\_\_

**I wish to book for the whole event YES/NO** (please circle your choice)  
If you've circled YES do you need transport for the trip on Friday **YES/NO**

**If you have circled NO please select below:**

**Tuesday** YES/NO

**Wednesday** YES/NO

**Thursday** YES/NO

**Friday for the trip** YES/NO **Do you need transport** YES/NO

**Sunday** YES/NO

**Do we need to be aware of any dietary requirements? YES/NO**

If yes please state them clearly (or on a separate sheet) and provide a contact telephone number we can use if we need to clarify anything:

**Do we need to be aware of any mobility needs? YES/NO** (please state)

**In case of an accident/emergency** please provide us with the contact details of the person you need us to contact:

**A number of different activities will take place on the Tuesday and Thursday mornings. Please tick all those that you would be interested in as we cannot guarantee that attending them all will be possible.**

**Tuesday morning**

Have fun whilst you do some Line dancing	
Basic computer skills for beginners ie using Facebook, adding an attachment to an email, surfing the internet, saving a document, using Skype <b>[Places are limited]</b>	
Plant a summer garden tub - <i>Everything provided for you to plant and fill a Garden Tub with a selection of colourful plants and flowers to be enjoyed throughout the summer and beyond.</i> <b>[Places are limited]</b>	
Come and try your hand at card making for a simple but effective birthday card. <i>Even if you have never tried this before "come and have a go" I am sure you will be pleased with what you create.</i>	
Enjoy a game of snooker, a game of indoor bowls etc	
<i>Refresh your first aid awareness in areas such as dealing with burns and scalds, recognising symptoms of heart attacks, strokes, seizures, dealing with adverse reactions to bee stings, food intolerances and diabetes.</i> <b>[Places are limited]</b>	

**Wednesday morning**

Enjoy a game of Beetle drive	
Listening to a speaker - 'My life as a fireman'	

**Thursday morning**

Rope making – <i>a hands on practical session learning how to put an eye in a rope using techniques dating back to pre-historic times.</i>	
Basic computer skills for beginners ie using Facebook, adding an attachment to an email, surfing the internet, saving a document, using Skype <b>[Places are limited]</b>	