

Sunday 10.30am online worship

To join, go to www.romfordbaptist.org.uk/live

Evening online worship 6pm www.romfordbaptist.org.uk/live

This week:

If you need any assistance with Zoom, please call Ruth in the office, 9.30am-1pm Mon-Fri.

Tuesday prayer meeting, 8pm, via Zoom, please email office@romfordbaptist.org.uk for the link or Meeting ID and Password.



Tuesday at 8:15pm- 'Journey' 18-30s Life Group- Via Skype- Contact Matt on Skype to join, or email office@romfordbaptist.org.uk

"The virtual Meeting Place." Wednesday at 10.30am, coffee and chat (bring your own coffee!) – via Zoom, please email office@romfordbaptist.org.uk for the link or Meeting ID and Password.

Wednesday's @RBC, 7.45pm (join from 7.30pm) - Join us for week 6 of an 8 week course called the prayer course. This will be by zoom and it is a great opportunity to consider our prayer life as individuals and as a church. All are welcome. Please email office@romfordbaptist.org.uk for the link or Meeting ID and Password.

Prayer needs:

Please continue to pray for: Julie Delve, Bill Romain, Lilian Wingate, Brian Sharp, Bree and Ray, Ami, Chris and baby Theo.

Please continue to pray for all those who have recently been bereaved.

Please pray for all who are affected by the Coronavirus and all those in our NHS, emergency services and others working on the frontline.

Please pray for all who are struggling with physical & mental health issues. Thank God that He knows them even if not named publicly.

Please pray for those who have received hospital results recently and are waiting to undergo further treatment. We thank God that He knows them all individually and that He is holding them close.

Pray for those who knew David Harper, the former Baptist Superintendent for the Eastern area, after he passed away recently.

Please pray for Anne and Keith Carter following her recent heart procedure.

Winter Gardens: Pray for Winter Gardens at this time too.



This week's challenge

This week's challenge is for bookworms. Send a picture of a book you have read that has inspired you. If possible say, in one to two sentences, why this book was good. If it is a devotional book, that particularly would be great. For this challenge we will assume you have read your Bible and so we would prefer to have pictures of other books.

Please send your picture in to either office@romfordbaptist.org.uk or message on WhatsApp to Ian by Wednesday evening.

Children, youth and students

1. **RBC Kingdom Kids TV:** this will be loaded on to the website for you soon: www.romfordbaptist.org.uk/kktv
2. **RBC Youth Stream**, Sunday, 12.30pm: a live interactive resource for young people, school years 6 – 13. For your young person to access using Zoom, please email office@romfordbaptist.org.uk for the link or Meeting ID and Password. Sessions will be recorded for Safeguarding Purposes.
3. **RBC Students Stream**, Sunday, 6.30pm: a live interactive resource for young people in school years 10-13 and university. Please email office@romfordbaptist.org.uk for the link or Meeting ID and Password. Sessions will be recorded for Safeguarding Purposes.
4. **Youth Quiz night**, Wednesday, 6pm: we will be hosting an online interactive game night for young people in school years 6-9. We'll be doing various different games and quizzes for an hour for the youth to enjoy along with the opportunity for them to socialise with others. To play, you need a laptop or tablet and <https://buzzin.live> open on your device so you can buzz in! This session will be recorded for Safeguarding Purposes. please email office@romfordbaptist.org.uk for the link or Meeting ID and Password.
5. **Online Youth Mentoring:** If your young people would like to take part in group or one-to-one mentoring from Hannah Griffiths, Children, Youth & Families Worker, via zoom, email office@romfordbaptist.org.uk with an appropriate email address for them to be contacted. Sessions will be recorded for Safeguarding Purposes.

Lock Down Parenting That Sees Our Children Thrive.

Shutdown has been 'interesting' for us parents. There have been many up sides and there have been challenges. Join us tonight, **Sunday 17th May at 7.30pm** for this one hour meeting where we will look at three tools parents can use which will make a massive impact on the levels of stress and school engagement during shut down and in the months which follow.

This meeting will be hosted by Hannah Griffiths & led by Richard Shorter a Baptist minister who is also a parenting coach, having spent 20 years supporting parents in encouraging & practical ways.

He has worked for people such as Manchester United, London boroughs of Havering and England Rugby. This meeting is a must for those parents who are keen to reduce the negative impact of lockdown & build on the positives.

Sign up here: <https://zoom.us/meeting/register/tJYvcu-vqjs0Gdytz9uCG2y-Dtt1ZVKNFgs2>

RBC helpline:

The RBC telephone helpline is open from 9.30am-1pm. If you have any practical needs, need prayer or just someone to talk to, please call 01708 743382 (option 1) and a staff member will be there to answer.

We have also set up a new Facebook group (RBChelp) for people to ask for help or if you can offer help with collecting prescriptions, shopping etc.

Foodbank requirements:

Salad cream
mayonnaise
bread butter
veg (fresh) fruit (fresh)
potatoes (fresh)

Please bring any donations between Mon-Fri 9.30am-1pm to the side door, ring the doorbell and leave the donations by the door.

Offerings and Tithes

We are grateful to all who have continued to give their offerings and tithes to the church at this time. We are as many organisations facing financial pressures, one example is the cost for our webcasting has gone up over 3000%.

There are several ways to give to the church including online at

www.romfordbaptist.org.uk/giving

Please email office@romfordbaptist.org.uk for the BACS details for the church account.

You can also post a Cheque to the church or put your offerings aside and bring them in when you come back to church. Thank you.

But just as he who called you is holy, so be holy in all you do; for it is written: 'Be holy, because I am holy' (1 Peter 1:15-16 - RBC Year Text)