





'Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory'

(Ephesians 3:20-21 - RBC Year Text 2024)

Dear friends,

Welcome to another week of prayer and worship. The Wellbeing Course is underway during the Evening Service, kindly join. Be blessed.

Sunday 20th October 2024

10-10.15am **Sunday morning prayer**, Oak Room

10.30am **Morning Service**

Now to Him: Grace

6pm **Evening Service**

Wellbeing Course: Mindset

To join online worship, please visit www.romfordbaptist.org.uk



Tuesday

10am **Needlecraft**

10.30am Amaze additional needs group

2pm **Treasure Times**

8pm **Tuesday prayer meeting**, <u>zoom link</u> or Meeting

ID 827 2106 6693 and Passcode 522855

Wednesday

10am Parent & Toddlers

12.45pm **Prayer**

7.30/45pm **Life groups** (also Thurs 10am), online life group 7.45pm <u>zoom link</u> or Meeting ID 8861253 0095 and Passcode 108026

Friday

Youth Weekend - until Sunday

Next Sunday

Morning Worship 10.30am Causeway 3-4.30pm Evening Service 6pm



- Please pray for those who are unable to come to church, due to health or mobility issues. Thank God for the live streaming of our services.
- Please pray for the youths that are going away for the Youth Weekend and also pray for the team that will be looking after them while at camp.
- Kindly pray for Louise and Peter Lynch and the entire team BMS World Mission in Bangladesh.
- Please also continue to pray for: the church in Sofia, Ken Yates, Joyce Lewis' son Steve, William Cuthbert, Jacquie Rose, Iris Oliver, Keith Carter's son Michael, Maureen Smith's daughter Valerie, Ken Flack, Nadine, AJ & Gabby, Brian Loveard and Angela's sister, Marlene.
- Continue to pray for Arthur and Mavis Poultney.



This week, the Foodbank needs are:

Milk, Coffee, Bottle Squash, Packet Rice, Soap, Shower gel, Toothpaste and Toothbrushes.

Thank you!

Other ways to serve



We have some small projects that we would like to complete which include

- building a new accessible ramp on the front of the Youth Lounge,
- repainting the ceiling in The Meeting Place and
- redecoration of the Willow Hall.

If you would be interested in being part of a group to complete these projects, please let <u>Steve Street</u> know.

Dates/Information to Note

Wellbeing Course - 13th October - 8th December

The course has kicked off, but it is not too late to join. It is an excellent course focusing on different aspects of wellbeing. The course goes alongside a book called "God's Plan for your Wellbeing" by Dave Smith. This is available from several online sites from £8.99 – £12.99.

Remembrance Sunday - 10th November

To enable people from the church to join with the act of remembrance with the town, we will be starting our service at 10am. The service will be slightly shorter than usual.

After a pause, we will also hold an act of remembrance at the church for those who cannot stand across the road. Children and young people will go straight to their groups as the service begins.

Evening of Prayer - 16th November

Small groups - Autumn Term

We will be studying the Bible Society's book club, dates and sessions below. Please contact <u>David Smith</u> to find your nearest one.

23 Oct 1 John 6 Nov 2 & 3 John

20 Jude

4 Dec Revelation

30 Nov Social

Causeway



The Meeting Place

Community Event

@The Meeting Place

All about Menopause

by Sharon Adkins ANUT. AMRSPH Registered Nutritionist and Menopause Advocate



- 1. What it is
- 2. Why it happens
- 3. Managing symptoms
- 4. Eating for the menopause

Free

To sign up please complete a sign-up slip on our community notice board and hand in at the till

Have fun and make new friends at
Romford Baptist Church,
Main Road, Romford, Essex,
RM1 3BL

Thursday

14th November

2024



Directory

We are pleased to advise that the 2024 Directory is now ready for collection. Please be reminded that this directory **contains confidential information**; please do not give this information to others without permission.

Only those whose details appear in the directory will have a copy. If your details contain errors or change at any time, please email the office. We invite you to make a £2 donation towards this book, to help cover the costs of printing. Please bring any old copies to the office for shredding.

Christmas Tree Festival

Would you like to be part of the Christmas Tree Festival this year?



If, so please book your slot with Vikki by Sunday 17th November 2024.

We are inviting groups to buy and decorate an artificial 4ft tree to a Christmas carol theme. When you book your slot, you will be issued with your Christmas carol. Your decorations should reflect your group and ideally be handmade or hand decorated to your given theme. Everything must be on the tree (not under it or free standing) and please note, no lights will be possible.

You may be able to get some ideas by attending the Christmas tree festival at Romford United Reformed Church on Saturday 30th November to which everyone is invited.

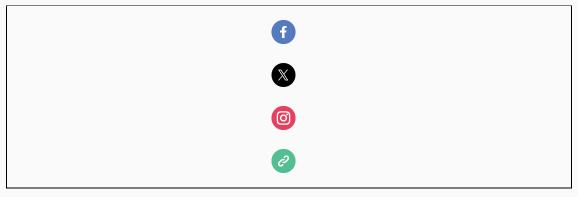
We are thankful to have received a donation of money towards this project so if you are unable to buy your own, kindly contact Vikki. Donations are still welcome.

Offerings and gifts

We are grateful to all who give their offerings and gifts to the church. There are several ways to give to the church including online here, posting a cheque to the church or bringing your offerings with you.

The BACS details for the church account is: Romford Baptist Church Sort Code No. 83 04 25 Account No. 19354486

If you would like to make a contactless donation, you will be able to do this on the machine in the church. We advise that credit cards are not used for this purpose. Further instructions will be provided at the machine.



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