



Family Magazine December 2024 and

January 2025 No. 229



From the Editor

As we look forward to the Christmas Season and all its celebrations, we have many opportunities to attend events, both at church and in the community. It is a time for family gettogethers, gift-giving, concerts and carol singing, to name but a few.

Giving gifts is a joy for both the giver and receiver, but let's remember the greatest gift of all:



For God loved the world so much that he gave his only Son so that anyone who believes in him shall not perish but have eternal life.

God did not send his Son into the world to condemn it, but to save it. John 3:16-17 (The Living Bible)

So as we celebrate Christmas, may we be celebrating the true reason for the season, and offer ourselves as gifts to God, to serve Him in thankfulness for the eternal life we have through Jesus Christ Jesus.

I pray that the glory of our Saviour's birth will fill your heart with peace and love this Christmas, and into 2025 and beyond.

Cheryl Schulte

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Our purpose is to take the life-changing message of Jesus Christ to all, with the goal that they become His loyal disciples.



Current Church Activities



Monday

9:30am Amaze support group for parents and carers of children with additional needs (usually 1st Monday in the month)
12:00-2:00pm Foodbank (donations can be dropped off at other times)

Tuesday

10:00am Needlecraft Group

10.30am Amaze Adults support group for adults with additional

needs

2:00-3.30pm Treasure Times

8:00pm Prayer meeting on Zoom 7:45pm RBC Worship Team meet

Wednesday

10:00-11:15am Parent and Toddlers

12:45pm Prayer 7:45pm Life Groups

Thursday

10:00am Thursday morning Life Group, alternate Thursdays

(please call church office for dates)

10:00-11:00am 'Come and join us for a chat', 1st and 3rd Thursdays 11:00am-3:00pm Holiday at Home – for over 65s, usually termly

7:30-9:00pm Youth Club (alternate weeks)

Friday

10:00am Craft Group in the Meeting Place

Sunday

10:30am Morning Worship in the building and online Evening Worship in the building and online

If you have any regular church activity which you would like to have included, please let the editor know.

BDD BIR

A short story from the Bible

It can be read in the Bible in Mt 9:9-13, Mk 2:13-15, Lk 5:27-32 The Roman invaders had given the job of collecting their taxes to local Jews who also overcharged, so they were doubly hated.





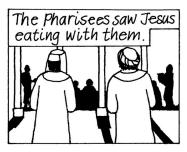






tax collectors

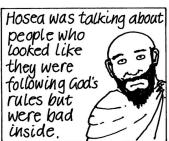
and bad people













Secretary's page

"Now to him who is able to do immeasurably more than all we ask or imagine according to his power that is at work within us, to him be glory"

Ephesians 3 20-21

This has been RBC's text for 2024 and over the last 3 weeks, this verse has popped up multiple times during my quiet time, and it's given me the opportunity to reflect on how this verse has spoken to me over this year and I've come to realise, as I look back over

thanks to God because for every situation encountered, God can bring us through them in ways that we couldn't "imagine" or to try and formulate the words to "ask" for help and He has done "immeasurably more" to let us know He's walking with us.

I hope that when we enter 2025 and we begin to focus on our new text for the year, we will allow ourselves to continue to grow with the verse and hope and expect God to teach us His word is relevant to every part of our lives

Hayley Ayris Church Secretary

Beyond imagination

Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory.

EPH 3-20-21



2024

2024, that I'm actually viewing it from a completely different perspective from when I read this verse at the end of 2023 and the beginning of 2024, and that God can speak to us in different ways through the same verse as time goes on.

I now look at this verse and give

BMS BIRTHDAY SCHEME

Birthdays December 2024

1 Christine Wright



Birthdays January 2025

5 Anne Barnes 16 Grace Bello

25 Janet Loveard





The <u>deadline</u> for the February 2025/March 2025 edition of the Grapevine

Sunday 12 January 2025

Please give any items to Cheryl Schulte, or email them to Cheryl at:

grapevine@romfordbaptist.org.uk







Baptisms 13th October 2024



Olasoji Olasebikan

"being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus."

Phil 1:6



Sanu Olasebikan

"May our Lord Jesus Christ himself and God our Father, who loved us and by his grace gave us eternal encouragement and good hope, encourage your hearts and strengthen you in every good deed and word."

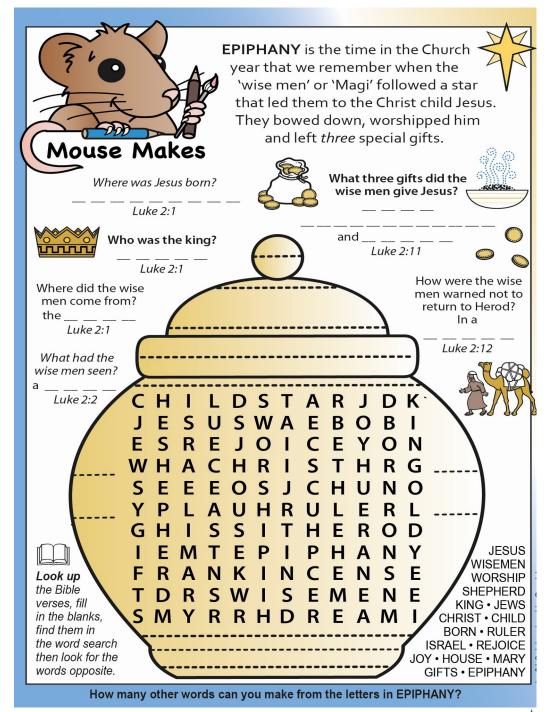
2 Thes 2:16-17



Ayopeju Olasebikan

"Trust in the Lord with all your heart and lean not on your own understanding;

in all your ways submit to him, and he will make your paths straight." Pro 3:5-6



REMINDER

Clean aluminium foil such as pie dishes, etc can be recycled, and Barbara G still collects it (clean and as tightly squashed together as possible). This is then sold and the money given to St Francis Hospice.

You can give it direct to Barbara or leave at the office.

Every little counts. Thank you.



The Everlasting Turkey

On the first day of Christmas my true love said to me I've bought a big fresh turkey and a proper Christmas tree. On the second day of Christmas much laughter could be heard As we tucked into our turkey – a most delicious bird. On the third day of Christmas people came from just next door, The turkey tasted just as good as it had done before. On the fourth day of Christmas came relations young and old We finished up the Christmas pud and had the turkey cold. On the fifth day of Christmas, outside the snowflakes scurried, But we were nice and warm inside, and had the turkey curried. On the sixth day of Christmas, the Christmas spirit died. The children fought and bickered – we had the turkey rissoles fried. On the seventh day of Christmas my true love he did wince When he sat down at table - and was offered turkey mince. On the eighth day of Christmas, the dog had run for shelter, For he'd seen our turkey pancakes and the glass of alka-seltzer. On the ninth day of Christmas, by lunchtime dad was blotto, He knew that bird was back again, this time as a risotto. On the tenth day of Christmas we were drinking home-made brew, Anything to help us face that steaming turkey stew. On the eleventh day of Christmas our lovely tree was moulting, And with chilli, soy and oyster sauce, the turkey was revolting. On the twelfth day of Christmas we had smiles back on our lips, The guests had gone, the turkey too – WE DINED ON FISH AND CHIPS.



New Members



Peju Owolabi, Jesutofunmi Omolade, Sanu Olasebikan, Temi Olasebikan and Florence Brantuo were welcomed by Jumoke Majekodumni and Vikki Bunce.

New Members



3 November 2024

Jide Fawunmi and Jumoke Majekodumni welcomed Femi Olowe, John Nelson and Margaret Nelson into membership.





Conserving energy at home

With the colder weather approaching, our attention should turn to how we can save the heat we generate in our homes, not only to save money but to help us to reduce our energy needs. Homes in the UK, especially those built before the 1970s, are likely to have solid walls and so are poorly insulated and, unless they have had replacement windows installed, will have single glazed windows. An estimated 25% of the heat generated by your boiler will escape a house via the roof. A further 35% will be lost via the walls and gaps around windows and doors, and approximately 10% will be lost via the floor.

There is a wealth of information available online for advice but I will summarise from the London Borough of Havering Energy Advice page which can be found here: https://www.havering.gov.uk/environmental-issues/energy-advice

Large projects such as installing loft insulation (at the right thickness of about 400mm to meet current standards) and wall insulation to suit your property are essential, but I suggest investigating this yourself, comparing the cost and benefits. The Government offers a number of grants and schemes to help with:

- fuel bills
- ensuring your home is more energy efficient
- installing energy efficient measures including heat pumps
- installing electric vehicle charging points

Here are some seasonal tips we all can consider, taken from Havering's website: Have your gas boiler professionally serviced every 12months – essential to ensure it is working effectively and to avoid problems with carbon monoxide build-up which can be fatal.

Draught-proofing is a cheap and effective way to prevent heat loss. You can buy proprietary strips to fit around windows, doors and letter boxes. Use a 'long sausage' at the bottom of doors.

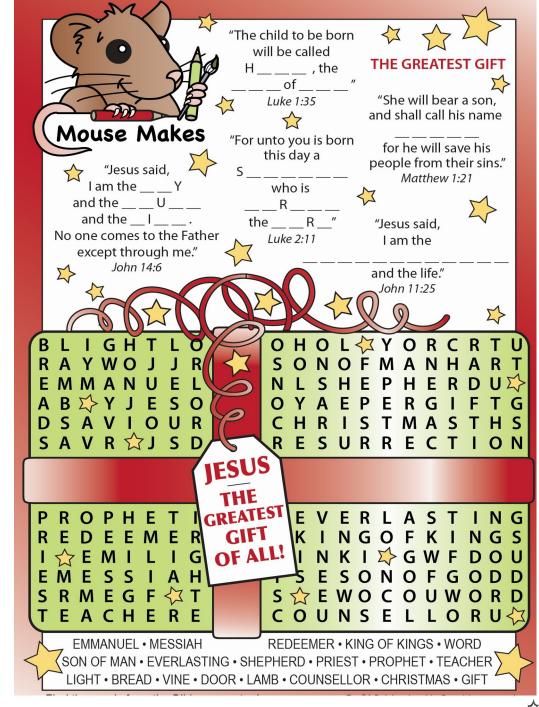
Keep curtains shut – just like a coat for your windows, to help retain heat. You can buy thermal lining for curtains which helps further. I tuck my curtains onto the window ledge to prevent the radiator heat going behind the curtains!

Check the heat in your radiators is even, top and bottom. If the top is cooler than the bottom, you may need to bleed your radiators to improve how the water circulates around the system.

Modern radiators have thermostat valves so you can control the heat in each room. If you have a room not being used, turn the valve down low and keep the room door and curtains shut; if damp is a problem, do not turn the radiator off totally.

After using your oven, if it's safe to do so, open the oven door to trans-

(Continued on page 10



(Continued from page 6)

fer the heat to your kitchen. When cooking on the stove, use the right sized gas or electric ring for your pan to direct heat to the pan base only. Use the correct lid to retain heat, which will enable you to reduce the heat setting and prevent moisture escaping. While cooking, either use an extractor fan or open a window to remove excess steam.

Even on cold days, I like to put my laundry on the line in the garden to expose it to sunlight, even on a dull day it has a bleaching effect. It may only partially dry but I can then finish it off indoors or in the tumble drier.

With the windows shut and draughts excluded, drying laundry indoors without adequate ventilation and water escaping from cooking leads to a build-up of moisture resulting in mould on cold surfaces such as uninsulated walls and ceilings. This black mould can cause respiratory and allergic reactions so should not be allowed to build up. It can be removed by mixing a solution of one part bleach and four parts water. With a cloth, wipe this solution across the wall, scrubbing gently until the mould has been removed. Then wipe the bleach away and dry the area using a separate cloth.

As I draw to a close, behind my curtain, I encourage you to investigate how you can improve your ways of conserving God's Earth's precious resources.

Nicola Childs

Smile Lines

What would you like for Christmas?



A little girl visited Father Christmas in the local garden centre grotto. He welcomed her with a smile and asked what she would like for Christmas. She gasped,

and stared at him in horror. "Didn't you get my email?!"

What do you get Dad?

December is the month when the family begins to discuss what to get Dad for Christmas. Some argue for a shirt; others hold out for a pair of socks. But the argument usually ends in a tie.



Church rules



Six year-old Angie and her four-year-old brother Joel sat together for the Christmas concert in church. Joel

kept giggling and whispering until his big sister had had enough. "Be quiet in church!"

"Why?" Joel demanded. "Who is going to make me?"

Angie pointed to the back of the church and said: "See those two big men standing at the door? They're hushers."

(Continued on page 7)

(Continued from page 10)

Christmas gifts

Grandfather was talking to his grand-daughter, "When I was a child all we got for Christmas was an apple and an orange." The



little girl clapped her hands in joy. "Brilliant! I'd love a new computer and a mobile!"

Christmas shopping



It was Christmas and the judge was in a benign mood as he asked the prisoner what he was charged with. "Doing my

Christmas shopping early," replied the man.

"Why, that's no offence," said the judge. "How early were you doing it?"

"Before the store opened," replied the defendant.

Christmas carols

One night as Christmas approached, some friends decided to go carol singing. A man answered the door of one house, and gasped



as they launched into the opening lines of the first carol. Within half a minute, he looked stricken. Soon tears were welling up in his eyes. The carollers sang and sang, and the man looked very moved by what he heard. One caroller ventured: "I understand our singing reminds you of your happy childhood Christmases."

The man looked at her with misery in his eyes. "No," he whispered back. "It's just that I am a musician!"

Father Christmas



Of course, I had expected that by the age of seven it was inevitable that my son would begin to have serious thoughts about Father

Christmas. Sure enough, one day near Christmas he suddenly said: "Mum, I know something about Father Christmas, the Easter Bunny and the Tooth Fairy." Taking a deep breath, I asked him what that might be. "Easy," he said, "They are all nocturnal."

Nativity scene

"Here's a king!" announced the five-year-old as he unwrapped a figurine from the Christmas decorations box. "Here's a donkey!" he added a moment later.



Then he removed the tissue from another figure, finding the infant Jesus moulded permanently into the little manger. The child exclaimed, "And here's Baby Jesus in his car seat!"



Snow

One snowman said sadly to the other, "All our friends are flakes."





Prayer Diary 12th December 2024 - 7th January 2025

Date	People to pray for	Other events
Sun 8 th Dec	OKORIE, Johnson, CHUKUWU-OKORIE Gracious, OKORIE <i>Hana</i>	Pray for the Church leaders.
Mon 9 th	OKORIJI, Christian Felicia, Honour, Favor	Pray for children and young children in the church and wider community.
Tue 10 th	OLADAPO-AKINRULI, Olayemi	Pray for Treasure Times as they participate in Christmas activities.
Wed 11 th	OLAWUYI (LAWRENCE), Anne	Pray for Small Groups as they meet in various places.
Thu 12 th	OLASEBIKAN, Sanu, Temi, Olasoji, Peju	Pray for those who gather to chat and spend time together in the Meeting Place.
Fri 13 th	OLIVER, Iris	Pray for the Rise Park Carol Services happening at RBC today and on Monday
Sat 14 th	OLOFINJANA, Bunmi, Tobi, Dianne, <i>Feyi (Bankole)</i>	Pray for those who support our community all year, particularly our emergency services that are at full stretch.
Sun 15 th	OLOKO, Mimi	Pray for the All-age Nativity taking place today
Mon 16 th	OLOWE, R'Femi	Pray for those who find Christmas hard or have lost a loved one.
Tue 17 th	OLUFEMI, Ola, Funmilayo Esther, Emmanuel Jemimah & David	Pray for those who will visit the Christmas Tree Festival this week
Wed 18 th	OLUOHA, Chidi	Pray for the Parkside Carol Service taking place this afternoon
Thu 19 th	OLUWASEMILORE, Daniel, Josephine & <i>Caleb</i>	Pray for the Carols in the Café event happening today.
Fri 20 th	OLUWOLE, Samuel & Elizabeth, Olawale, Ekene, <i>Fiyin, Samuel</i>	Pray for all the staff in the Meeting Place
Sat 21 st	OSENI, Lara	Pray for safe travelling during the holidays.
Sun 22 nd	OMOTOYIMBO, Margaret	Pray for those who come to the Carols by Lamplight service this evening

Prayer Diary 12th December 2024 – 7th January 2025

Date	People to pray for	Other events
Mon 23 rd	OPOKU, Peace, Nicholas, Victoria, <i>Caroline & Aviel</i> (Tetteh)	Pray for the Foodbank volunteers as they help make Christmas better for others.
Tue 24 th	OTCHERE-WILLIAMS, Ed- wards, Doreen & <i>Daniela,</i> <i>Gabriela</i>	Pray for our friends and families who are not able to spend Christmas with us.
Wed 25 th	OWOLABI, Peju (Patricia Adepeju)	We pray for the Christmas Day as we celebrate the birth of our Lord Jesus Christ.
Thu 26 th	OWOYEMI, Idowu, Yetunde & Bibooluwa	Pray for the Parkside staff team.
Fri 27 th	PALMER, Gordon	Pray for the Craft Group as they meet in the Meeting Place today
Sat 28 th	PARKINSON, Iris	Pray for Starshine and all those who are connected to it
Sun 29 th	PEDRO, Greyba	Pray for all those with long-term health conditions
Mon 30 th	PIDGEON, Mel, Greg, James, Elizabeth	Pray for the Street Sleepers group; both the volunteers and those they help.
Tue 31 st	PIM-WUSU, Jennifer	Pray for the Crossover Service to- night.
2025 Wed 1 st Jan	POMEROY, Kathy	Thank God for the New Year and the blessings it brings.
Thu 2 nd	POON, Frank	At least 150 churches are seeking new pastors at the moment within the Baptist Union. Please pray for God's leading.
Fri 3 rd	SUI, Sylvia	Pray for all those at university and undertaking further studies
Sat 4 th	POULTNEY, Arthur & Mavis	Pray for BMS and our mission partners Peter and Louise
Sun 5 th	RAHMATI NEEK, Shahriyar	Pray for those who adopt and foster children in the borough
Mon 6 th	RAMDHANSINGH, Clarence & Sushie	Pray for The Meeting Place as it reopens for the year. May God bless all who come in.
Tue 7 th	RAMNAN, Utena	Pray for the work of Spurgeon's College as the new year begins, particularly our two Ministers in Training, Jide and Andy

