

From the Editor

Sometimes we find ourselves tired, anxious or weary. Circumstances seem to be out of our control, and we might feel a bit shaken by events happening around us or to us.

Psalm 55:22 says,

"Cast your cares on the Lord and he will sustain you; he will never let the righteous be shaken."

Many of us know this verse, have sung versions of it over the years, and maybe it is just a verse we have read but have not really thought about. I have recently had the privilege of witnessing the incredible way that God has sustained some of his people while they were experiencing very difficult times. With a deep faith and yet coming completely empty before the Lord, He has renewed their strength to walk and not be faint (see Isaiah 40:31). What a powerful witness to God's love and faithfulness.

As you read this edition of Grapevine, you will be reminded that we have many opportunities of sharing God's love and care with others, whether it be through trying out some Evangelism activities, sharing encouraging Bible verses, proclaiming Jesus as our Saviour through testimony or Baptism, giving to the Foodbank or joining various RBC programmes.

May you be blessed as you experience God's sustaining love throughout this Holy season and beyond.

Cheryl Schulte

Editorial Team

Cheryl Schulte Editor Bernd Schulte Layout and Production Kathy Pomeroy Proof Reader Tanyya Chingombe Printing Gill Ayris Collation Alex Šavine **Photos** I. Giwa-Majekodunmi Photos

Photos

Team Leader

D.Majekodunmi

Rev. Ian Bunce

Team Minister (With focus on the older generation)

Rev. Vikki Bunce

Minister in Training

Mr Andy Stannard

Team Pastor

Mr lide Fawunmi

Church Secretary

Miss Hayley Ayris

Church Office

Main Road Romford RM1 3BL Tel 01708 743382 www.romfordbaptist.org.uk office@romfordbaptist.org.uk

Our purpose is to take the life-changing message of Jesus Christ to all, with the goal that they become His loyal disciples.



Pastor's page

By the time you are reading this we are well into the season of Lent and I wonder if you started if off with the traditional pancakes with butter and sugar? As someone who doesn't enjoy eating pancakes they certainly won't have featured for me but, as those who attended the March Madness day earlier this month will know, the way that other countries mark or start off Lent may have more appeal. For example, the day before Shrove Tuesday is a bank holiday in Greece and families go kite-flying or to the beach for a picnic, the Sunday before Shrove Tuesday see people enjoying cream/jam filled buns in Denmark (much more to my taste) whilst in Sweden pancakes are traditionally accompanied bowls of pea soup.

For many of us the point behind Lent probably passes us by, other than the initial eating of pancakes, unless we have opted to fast from cakes, biscuits and chocolates, a choice that is often made by people to mark the season of Lent as a reminder of the 40 days Jesus spent in the desert being tempted by Satan. All too often however, we don't even think about Lent and it's not until we reach Palm Sunday and the beginning of Holy Week that our focus begins to turn to Easter, but I think there is some merit in recognising this season even if we only do so to stop us being so self-focused and more outward looking. That's why churches often come together for the season of Lent as courses written specially for this time to help us be more open to the needs of the world around us.

So my challenge to each one of us is

this: what difference is the rest of Lent going to make to you this year? For those of us who are part of a Small Group, we are being reminded how we need to become better disciples and so we are practising the spiritual disciplines that are aimed at helping us become more attuned to being a follower of lesus and we will continue to do that as we move through Lent. However, for others, if we've not chosen to give something up, let's perhaps use the remaining weeks of Lent to give of our time (even just once a week) in helping others who are struggling or to bless someone in a practical way, perhaps through a visit, a phone call or through the gift of hospitality. Perhaps we want to use the remaining weeks to read a part of the Bible each day, that we usually avoid, so we can become more familiar with God's word, take 5 minutes a day to pray for a different country in the world to widen our awareness of the struggles that the people living there may be facing, set aside an item of food each day for the foodbank or maybe we can pick up our church directory and pray each day for those that are contained inside the pages.

However you choose to mark this period between now and Easter, can I encourage you to connect with God, with one another or with our community in a new way so that when we come to celebrate Easter we will do so having been on our own journey of discovery and adventure that will hopefully have taken us closer to God along the way.

Rev. Vikki Bunce Team Minister (With focus on the older generation)



<u>Baptisms</u> <u>26th January 2025</u>



Chidi Oluoha

"I took you from the ends of the earth, from its farthest corners I called you. I said, 'You are my servant'; I have chosen you and have not rejected you.

So do not fear, for I am with you; do not be dismayed, for I am your

I will strengthen you and help you; I will uphold you with my righteous right hand."

Isiah 41:9-10

Fiyin Oluwole

But the Lord said to me, "Do not say, 'I am too young.' You must go to everyone I send you to and say whatever I command you. Do not be afraid of them, for I am with you and will rescue you," declares the Lord.

Ier1:7-8





The <u>deadline</u> for the June 2025/July 2025 edition of the Grapevine is Sunday 11 May 2025

Please give any items to Cheryl Schulte, or email them to Cheryl at:

grapevine@romfordbaptist.org.uk





by Lois salter of the gospel whatever happens, Conduct yourselves in a manner wathy of gospel in christ yes Jesus cares for una. epresent of god much OVE For RBC EVeta RomFord Baptist church) Rhow and god is Jesus, Lord, Soil of masia eaves of

BMS BIRTHDAY SCHEME

I have received a letter from Dr Kang -San Tan, the General Director of BMS World Mission, in which he expresses his thanks to all who have given a gift to the Birthday Scheme on their birthday. The generous gift of £925 that RBC



sent to BMS last year is 'supporting children with disabilities in Nepal, and sharing fulness of life across the globe.

You have helped provide support to those, like a little boy called Kamal, who had been diagnosed with Cerebral Palsy. In spite of spending all their money on trying to find treatment for him, his parents were unable to access any help for either Kamal, or his mother, Mina.

Dr Tan writes:

That's all changed.....By giving to the Birthday Scheme (you) have helped enable (them) to be part of a nine-day cerebral palsy camp.run by a Paediatric Consultant, at BMS-supported Green Pastures Hospital in Polkhara, Mina learned how to better support Kamal's development.

She was taught exercises to do with him to help strengthen his muscles and improve his motor skills. She also learned different feeding techniques, so Kamal can now swallow his food more easily.

(This support) was transformative.... and Mina now knows she is not alone. and is now better equipped to care for Kamal and help him have the best chance to develop and grow into all God has created him to be.'

Dr Tan continues:-

...those at Romford Baptist Church who have chosen to give life on their birthdays have made this possible. Thank you!and your impact doesn't end with Kamal in Nepal. You're helping to share the gospel in unreached places in North Africa and Asia. You're providing a lifeline for people displaced from their homes because of conflict or disaster. You're helping people grow food to feed and provide for their families in Uganda. And you're bringing fulness of life across the globe.'

With Dr Tan I join in thanking you again for 'choosing to transform lives'.

If you are interested in more details or wish to join the Birthday Scheme, please see me or contact me on christinebrown14@btinternet.com and I will be pleased to explain how the scheme works.

Christine Brown

BMS BIRTHDAY SCHEME

Birthdays April 2025

25th Kathy Metcalf



Birthdays May 2025

23rd Elizabeth Callender





What AI makes of RBC

In a moment of needing creativity I



simply asked ChatGPT.com the following "Write a poem about Romford Baptist

Church" 10 second later I had the poem below. You will see I changed just one word in the last stanza as we do not have bells, otherwise it was just so interesting! I share simply for your interest

Romford Baptist Church

Amid the town where footsteps blend, A house of love, where hearts ascend. Romford Baptist stands so bright, A beacon shining heaven's light.

Through doors held wide with welcome warm,

A refuge safe from life's great storm. The weary soul, the searching mind, Find grace and peace in Christ confined.

The voices rise in joyful praise, Through hymns of hope, our spirits raise.

The Word is preached, so strong, so true, A guide for all, for me, for you.

Hands that serve, hearts that share, A family bound in love and prayer. Through every trial, every test, God's love remains—our hope, our rest.

So let the bells songs of worship ring, Let every voice in chorus sing. For Romford Baptist, tried and true, Will stand in faith, in love renew.

Pastor Ian

The Repair Shop



I don't know about you, but I simply love the programme 'The Repair Shop' on BBC. The fascinating stories, the skill and patience of the people who repair a myriad of items and the reaction of the owners when their precious, restored item is uncovered.

There is a critical requirement though from the people who bring their possessions to The Repair Shop. Trust. They need to trust the people in the famous barn to look after and restore their item. In fact, quite often one will hear the repairers say "Thank you for trusting us with this item." There's another important factor in this emotional transactional also – the people have to actually leave their possessions in the barn and walk away so their items can be restored.

When I think about someone else sorting out a problem or a situation in my life, it leaves me cold much of the time. I usually think I'm the best person for the job. I know what I want to achieve, or what a result should look like. I'm very good at admin, lists, typing and the like. At work, I'm known as the 'Label Queen'. So passing something

(Continued on page 8)



(Continued from page 7)

over to someone else is quite a challenge for me. What if they get it wrong? What if it doesn't turn out the way I want it to? As the saying goes.... 'If you want something doing properly, do it yourself.' Perhaps this is why I find it so hard to trust God at times. I mull over solutions in my head and usually I can come up with a scenario where everything works out just fine – usually in my favour. There are times I believe I have the answers to everyone's problems! "Why not do it this way God? That seems like a perfectly logical solution to me".

However, in my long Christian experience, I've come to learn that God is often far from logical and certainly doesn't need any advice from me! We read in Isaiah 55 verse 8 'For My thoughts are not your thoughts, neither are your ways My ways, declares the Indeed, heavenly logic often clashes with what seems logical in our human understanding and certainly contradicts what appears to be socially acceptable these days. Many times our responses are not in line with what most people think is reasonable. Forgiveness instead of revenge. Tolerance instead of anger. Generosity instead of selfishness. But I've always found God blesses me when I've done things His way. It often surprises people too; a wonderful witness which makes people stop and take notice.

For me, prayer requests start out in the right way. I pray about something and ask God to sort it out for me. But then I take that prayer request right back and metaphorically walk away with it again, ready to fix it myself. It's easy for me to quote the Bible, sing the songs and say all the right words. How many times have I sung songs like

"What A Friend We Have In Jesus". Oh, I believe it fervently when I'm singing it in church. But over the next few days I'm usually back again, trying to think about how that situation could be resolved.

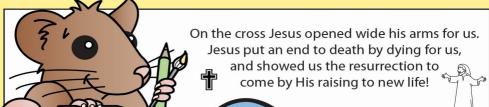
I'm not suggesting for one moment that I should simply absolve myself of all effort. Sometimes God gives me the solution and I know I have <u>mv</u> part to play in making it come to pass. But that's just the point - it's HIS solution, not mine. So I'll continue to try and trust God with those areas of my life which seem a mess. Like in the famous Repair Shop barn, I want to walk away knowing my problem is in good hands. Usually at the end of the programme, the item has been restored far beyond the hopes and dreams of the owners. I'm sure God is like that too. His solution will surely be better and far beyond what I had imagined. So forgive me Lord, when I try and step on your toes and help me to spiritually 'walk out of the barn', leaving You to sort out the best solution.

Sarah Jenkin

'For My thoughts
are not your
thoughts, neither
are your ways My
ways, declares the
Lord.'

Isaiah 55 verse 8





Mouse Makes



The angel said: "Jesus ...is not here, for He has risen, just as He said." Matthew 28:6

Jesus is here

Jesus said: "Where two or three come together in my name I am there with them." Matthew 18:20



READ the story of the resurrection in: Matthew 28:1-10 Mark 16:1-19 Luke 24:1-49 John 20:1-29 and 21:1-14

EMER EASTERP IFDFLI EEWBSPEP SSNTHOSANNA IRROHYEU OIDNPPWS NSGOTELL KTAFOAIO IYOGJCFR NUJOYEEB GOODNEWS



Jesus will come again!

Jesus said: "I will come back and take you to myself so that you will be where I am." John 14:3



RESURRECTION

PEACE • NEW LIFE • JOY • GOOD NEWS • GO TELL • EASTER

MESSIAH • REDEEMER CHRIST • SON OF GOD **HOSANNA • PRAISF**

apr25© deborah noble • parishpump.co.uk

In partnership with Collier Row & Romford Foodbank

Give in Lent Calendar

Donate food for the 40 days of Lent. Please check to find out the opening times during Lent and to check if there is anything in particular we're running short of. You can find our food bank details here:

collierrowromford	foodbank org uk	e

000	collierrowromford.foodbank.org.uk				
5 March 1	UHT milk	3 Squash	4 Long life sponge 'pudding		
5 Jam	6 Biscuits	7 Soup	Tinned fish		
9 Rice	Coffee (instant)	Cooking sauce	12 Cereal		
UHT milk	14 Tinned tomatoes	Toilet roll	Tinned vegetables		
17 Custard	Long life fruit juice	Deodorant	20 Tinned meat		
21 Chocolate bars	Crackers	23 Shower gel	24 Lentils		
25 Instant mashed potato	26 Angel Delight	27 Nappies	Custard		
29 Crisps	30 Washing up liquid	Laundry detergent	32 Tinned meat pie		
33 Toothpaste	Peanut butter	35 Tinned tomatoes	36 Shampoo		
37 Tinned vegetables	38 Tinned potatoes	39 Coffee (instant)	Tinned meat ple		

07548 674958

collierrowromford.foodbank.org.uk

Registered Charity Number: 1205474| Registered in England & Wales

Please deliver food donations to: Romford Baptist Church, Main Road, Romford, RM1 3BL



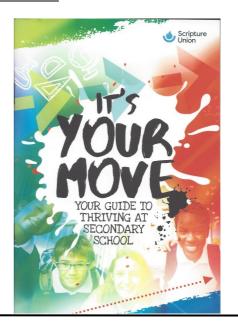
Year 7 in 2025?

Parents, Grandparents, year 6, friends of those going to secondary school in September 2025.

The booklet above, published by Scripture Union, is available free from Andy or the church bookstall.

Please think if you could encourage these young people as they move forward.

Barbara Gatherum



Smile Lines

Good Friday

I was standing in line at the bank when there was a commotion at the counter. A woman was very distressed, exclaiming, "Where will I put my money?! I have all my money and my mortgage here!! What will happen to my mortgage?! You can't do this to us!"

It turned out that she had misunderstood a small sign on the counter. The sign read: WE WILL BE CLOSED FOR GOOD FRIDAY.

What can I eat for Easter?

Can't eat beef..... mad cow.

Can't eat chicken..... bird flu.
Can't eat eggs..... Salmonella.
Can't eat pork..... fears that bird flu will
infect pigs.
Can't eat fish...... heavy metals in the
waters.

Can't eat fruits and veggies...... insecticides and herbi-

cides.

Can't eat potatoes, pasta, bread, rice.....nasty carbs.



Hmmmmmmmm! I believe that leaves......chocolate.

(Continued on page 13)



Holiday at Home



Who would have guessed that when people turned up for their Holiday at Home themed dav in March, that they would have been greeted by Vikki with

ears and whiskers and wearing a spring bonnet, all part of getting everyone into the silliness of the day.

After starting our day with refreshments, we celebrated the International day of the name label by creat-

ing our own, followed by spring bonnets or opting to chat or play board games headed up by John.



But there was

no rest for those who had come in as they moved into the hall for a ridiculous quiz including questions like 'In what year was the oldest message in a bottle put into the sea – it was pulled out on 6 March 2018?' or 'Which profession are we supposed to be celebrating this week in National _____ week?' [answers below]. Full marks to Alan for coming out top.

After a Thought for the Day it was back into the hall for a fabulously









cooked lunch served up by Jan and Lesley, aided by her team, before ending our time together singing and even a bit of dancing or arm actions to songs such as 'YMCA' and 'Wide wide as the ocean'.

A good time was had by all who engaged and we're now ready for our summer gathering, 17-19 June 2025, with the theme of 'Maybe it's because I'm a Londoner'.

Answers – 1886 and National Dentist week



Rev. Vikki Bunce Team Minister (With focus on the older generation)

(Continued from page 11)

Outside

A little boy had spent all afternoon playing outdoors, and accidentally left his jacket at the end of the garden. When his mother realised this a couple of hours later, she told him to go back and get it. But by now the garden was dark, and so the little boy hesitated.

"Don't be frightened," she said. "The Lord is out there too."

That gave the little boy an idea. He opened the back door and called softly: 'Lord, please could you pass me my jacket?"

Easter chocolate dilemma

364 days of the year we tell our kids:

Evangelism- for evangelists or for everyone?

4 questions to help us grow in confidence to shine.

2) What's in your mouth?



3) What's in your mind?



Gentleness and respect

Key text: 1 Peter 3.15

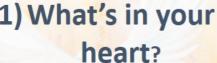
Written to the church in exile.

...But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect...(NRSV)

4) What's in your hand?

- Use what you've got!
 - -1 Peter 2.11
 - -1 Peter 4.10

1) What's in your heart?





- 1) Painting team.
- 2) 'This means that.'
- 3) Prayer walking.
- Tray challenge. 4)
- We're here to pray for you!



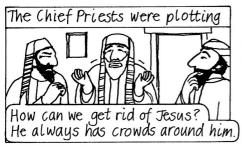


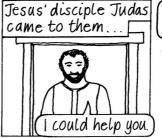


It can be read in the Bible in LK 22:1-13, Mt26:14-19, MK14:10-16

A short story from the Bible

It was just before Passover, when Jews celebrate God rescuing them from Egypt. Jesus and his disciples were in Jerusalem...





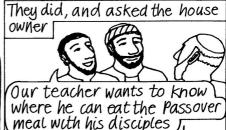




30 silver coins happened to be the same amount that had to be paid as compensation to the owner if a slave was killed













Encouraging Bible Verse

During the summer holidays last year, Cheryl and I visited Temppeliaukio Church in Helsinki. Temppeliaukio Church is a Lutheran church.

I would like to make Encouragement Bookmarks. The idea is that you email me (<u>bschulte@romfordbaptist.org.uk</u>) the encouraging Bible quote and refer-

ence and the language name. eg. "Er, der ein gutes Werk in euch begonnen hat, wird es bis zum Tag Jesu Christi vollenden". Philippians 1:6 [Deutsch], in your vernacular. If your vernacular is English this includes you. I will then put them together in a bookmark-type format, so that we can get them printed.

These can be handed out to visitors or anyone can take as a word of encouragement.

They had the following bookmarks available in many different languages, which I would like to make for us at Romford Baptist - however I need your help.







Bernd Schulte



(Continued from page 13)

"Do NOT eat anything you find on the ground, or anything from strangers!"

On Easter morning we tell them: "Why don't you go outside and search in the



dirt for chocolates that a strange giant bunny has left for you?"

Why Easter

A Sunday School teacher had been explaining why Easter should matter to us, and wanted to make sure her group understood. So she asked, "Can anyone tell me what you must do before you can obtain forgiveness of sin?"

There was a short pause and then, from the back of the room, a small boy spoke up. "Sin?"

10 Easter one-liners

What do you need if your chocolate eggs mysteriously disappear? An egg-splanation

What kind of jewellery does the Easter Bunny wear? *14-carrot gold*

What is the Easter Bunny's favourite kind of music? *Hip hop*

What do you call an Easter Bunny wearing a kilt? *Hopscotch*

What do you call a bunny with fleas? Bugs Bunny

What do you call a line of rabbits jump-

ing backwards? A receding hare-line

How can you tell which rabbits are oldest in a group? *Just look for the gray hares.*

Why do people paint eggs for Easter? It's easier than trying to wallpaper them!

What do rabbits say before they eat? "Lettuce pray."

Where does Christmas come before Easter? The dictionary.

Bulletin announcements that didn't come out quite right...

On Easter Sunday, our bulletin read: "Jesus was buried in a bomb but He lives today!"

Jesus said: "I am the resurrection and the life. Whoever believes in Me, even though he diets, yet shall he live.'

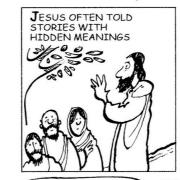
Hymn: 'I Need Three Every Hour'

Letter to God

A Sunday School teacher invited her children to write a letter to God. They were to bring their letter back the following Sunday. One little boy wrote, "Dear God, we had a good time at church today. Wish You could have been there."



"Some tough talking"



ON AT LEAST ONE OCCASION JESUS BECAME VERY CROSS WITH THE PEOPLE WHO MADE LOTS OF RULES



YOU ARE BAD PEOPLE - YOU GIVE A TENTH OF YOUR HERBS, MINT, DILL AN CUMIN...

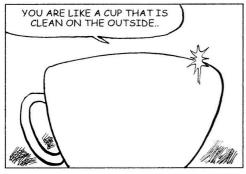


...BUT YOU FORGET
ABOUT JUSTICE, MERCY
AND HONESTY!



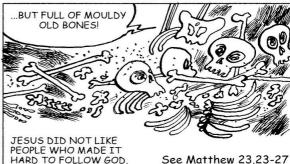
IT'S AS THOUGH YOU STRAIN AT A GNAT - BUT SWALLOW A CAMEL WHOLE!













Current Church Activities



Monday

9:30am Amaze support group for parents and carers of children

with additional needs (usually 1st Monday in the month)

12:00-2:00pm Foodbank (donations can be dropped off at other times)

Tuesday

10:00am Needlecraft Group

10.30am Amaze Adults support group for adults with additional

needs

2:00-3.30pm Treasure Times

8:00pm Prayer meeting on Zoom 7:45pm RBC Worship Team meet

Wednesday

10:00-11:15am Parent and Toddlers

12:45pm Prayer 7:45pm Life Groups

Thursday

10:00am Thursday morning Life Group, alternate Thursdays

(please call church office for dates)

10:00-11:00am 'Come and join us for a chat', 1st and 3rd Thursdays 11:00am-3:00pm Holiday at Home – for over 65s, usually termly

7:30-9:00pm Youth Club (alternate weeks)

Friday

10:00am Craft Group in the Meeting Place

Sunday

10:30am Morning Worship in the building and online 6:00pm Evening Worship in the building and online

If you have any regular church activity which you would like to have included, please let the editor know.



"I'm really not sure about this trend for clergy dressing down, dear."

